

Food and Cooking

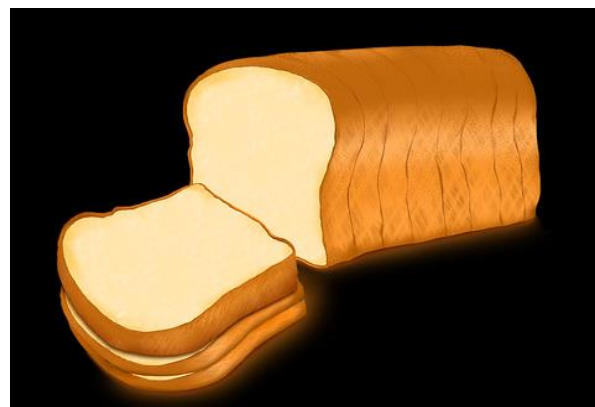
Part 1 – Activities

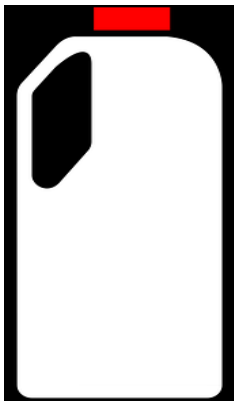
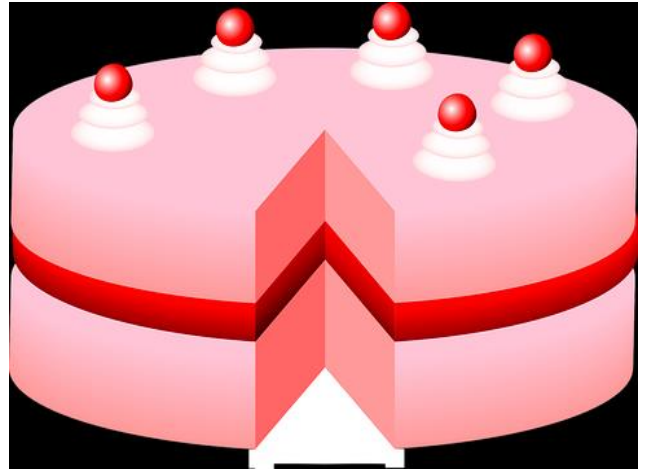
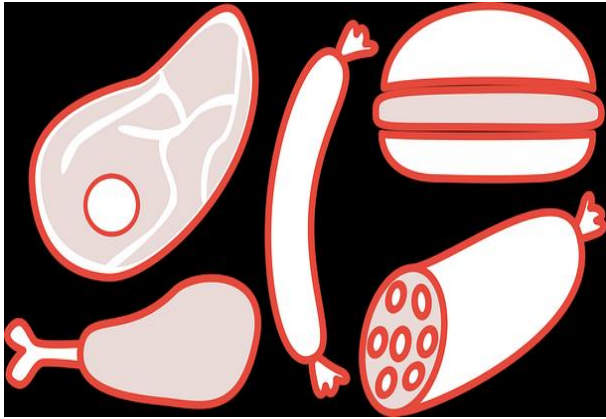
Part 2 – Tutor Notes and Additional resources

Vocabulary and Speaking

Match the words with the pictures.

eggs meat vegetables fruit milk rice
bread cake biscuits/cookies pasta/noodles cheese







Match the meals with the time of day.

Lunch

Breakfast

Dinner

at night

in the middle of the day

in the morning

Match the words with the pictures.

Kettle

plates

pan

cup/mug

Bowls

pot

glasses

knife/fork/spoon

Which of these are used for cooking and which are used for eating and drinking?







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Reading and Writing

Circle the things in each list that you like to eat.

Category	Foods
Vegetables	Carrots, beans, cabbage, potatoes, pumpkin
Fruit	Apples, oranges, grapes, watermelon, mangoes
Meat	Beef, lamb, pork, chicken
Seafood	Fish, prawns, eels, crabs, squid
Grains and legumes	Bread, lentils, rice, chickpeas, noodles
Dairy	Milk, yogurt, cheese, ice cream, butter

Complete the sentences about food categories.

Vegetables: I like _____ and I also like _____.

Seafood: I like _____ but I don't like _____.

Dairy: I like _____ but I don't like _____.

Fruit: I like _____ and I also like _____.

Grains and legumes: I don't like _____ but I like _____.

Meat: I don't like _____ but I like _____.



Complete the sentences about food.

Yesterday I ate _____ and _____.

Yesterday I bought _____ and _____.

Yesterday in the shop I saw _____ and _____.

TUTOR NOTES

Pages 1 to 5 are a very basic resource for beginners. Use the pictures provided for matching exercises, vocabulary acquisition, and making sentences about food.

On page 7 there is a list of additional resources for beginners available from the Vortcs Tutors' Library.

Other suggestions to develop vocabulary

Create a picture file of colour pictures of food and kitchen appliances.

- Advertising material from supermarkets
- Advertising material from discount stores such as Big W and K Mart and Target
- Use these to increase vocabulary and practice speaking and writing about food and cooking.

For Intermediate learners: this is a speaking activity for more advanced learners and can be done as a group exercise (whole family exercise).

- Provide pictures of food and cooking utensils
- Ask them to plan shopping for and cooking a meal
- This exercise is useful for explaining wants.
- It's also useful for giving instructions using the imperative.

Explaining wants:

I would like

I prefer

I don't like

Giving instructions:

First

Then add/cut/stir/fry.....

Next,

Third,

Last,

Additional Resources

www.education.gov.au/volunteer-tutor-resources

The AMEP Topic Pack on Money has the following resources at Pre-beginner level. <https://www.education.gov.au/shopping>

Topic: *Money – Shopping*

Worksheet 1: Fruit names

Worksheet 2: Fruit match

Worksheet 3: Fruit survey

Worksheet 6: Vegetable match

Worksheet 7: What I eat

Flash Cards 2: Fruit

Flash Cards 4: Vegetables

VoRTCs Library resources

Search the VoRTCs library online catalogue for the following and similar topics. Remember you can reserve items online or visit the office to browse the collection and borrow items.

<http://vortcs.svdpcmeweb.libcode.com.au>

Cooking (Everyday Living Reader Series, Book 2)

Fruit (Everyday Living Reader Series, Book 4)

Vegetables (Everyday Living Reader Series, Book 12)

Shopping (Everyday Living Reader Series, (Book 13)

Dinner Time (Start to Read Series)

Food Vocabulary Activities

Fruit and Vegetables: lesson plans for beginner English learners 428 FRU

Food (AMES Best English: CSWE 1 Module E: Beginning Speaking and Reading Skills) 428 FOO

Kids Cook! Fabulous Food for the Whole Family

Everyday Australian Picture Dictionary – English [Nouns –Food page 41]

Websites

The website **Bogglesworld** has worksheets and flashcards for beginners on food and drink and is an excellent source of materials for beginners.

http://bogglesworldesl.com/kids_worksheets/foodanddrink.htm