



VoRTCS Connect

August, 2015

4ZZZ Radio

Has one of your VoRTCS family members ever wanted to be on the radio?

Local community radio 4ZZZ is running a special project to encourage radio talent from emerging language groups to get involved with community broadcasting. Applications are currently accepted from asylum seekers and refugees aged 18-40 living in Brisbane and Logan. In order to secure a spot, please write to introduce yourself to Executive Producer Carolina Caliaba and the rest of the team explaining what interests you about getting involved with radio. Written, recorded or video introductions welcome (documentary@4zzz.org.au).



The production team meets twice a week till December to produce a documentary about history and culture in the last 40 years. Extensive training and on-air experience provided.

Who can apply?

Applications are accepted from people who speak English as a second language, and who are between the ages of 18 and 40.

Applications are especially invited from to asylum seekers and refugees living in Brisbane and Logan.

People from an [emerging language group](#) are also encouraged to get involved with 4ZZZ's documentary production team.

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MASSIVE OPEN ONLINE ENGLISH COURSE

MOOEC is a collection of free online English lessons provided by universities and colleges.

Starting in Brisbane, Australia and with the support of the Queensland State Government and the local English Language teaching community, the MOOEC is an open online course focused on teaching the English language at all levels.

Lessons are organised into established levels of proficiency and approved by a committee of professional English language practitioners providing quality assurance oversight of the content.

The MOOEC is offered for free to the community to use and aims to position itself at the forefront of language education: providing mobile technology and immersive experiences to all. The MOOEC aims to reach individuals who currently have limited means to access high-quality, on-line English Language tuition.

For more information, visit <http://mooec.com/>

Certificate II Hospitality

Would your family like to participate in FREE Accredited Training?

- Does something within your family need help with finding a direction with employment and training options?
- Between the age of 15-25 years?
- Do you have barriers to employment?
- RSA & RSG Certificate training
- Barista
- Case management support from experienced Youth Workers
- Pathway referrals and support into your chosen training

Date: Monday 31st August - Thurs 1st October

Program Training: 5 weeks (Mon, Tues, Wed, Thur)

Location: Bay & Youth Sport Centre, 100 Maine Terrace, Deception Bay

Times: 10:am - 3:00pm (continued ongoing job search support after the program)

Contact: Veronica 3204 0277 or 0423 711 752

Bridge for Beginners

Whether you're new to bridge, want some tips on strategy or would like to brush up on your game this friendly and social group is for you. After the initial introductory sessions we hope to form a regular bridge club. FREE. Tuesdays 9:30-11:30am at The Exchange, 81 Musk Ave Kelvin Grove. Call Terence **0450 475863**.



Crispy tofu and Kale stir-fry



Yummmmmmm

Ingredients

- Grapeseed oil, to deep-fry
- 2 garlic cloves, thinly sliced
- 2 long fresh red chillies, sliced
- 350g firm tofu, cut into 2cm-pieces

Tutor Library

Need Resources??

The VoRTCS Tutor Library is open every week between Monday - Friday office hours (except public holidays).

If you would like to come in during an out of office time please contact Bianca to see the next available date.

You can access our online catalogue to check out what resources are available before coming in and also place some items on hold via: vortcs.svdp.cmeweb.libcode.com.au/index.php



VoRTCS Resource Guides

Your Ultimate Tutoring Resource

Many of our VoRTCS families need assistance in areas outside of just English tutoring. Check out our VoRTCS Resource Guides which are accessible via our 'Links' tab at www.refugeetutoring.org.

Active and Healthy Program now released

The Active and Healthy team have scheduled an exciting array of new activities for the July to December 2015 program round. Grab a friend and get out to enjoy some of Council's local

- 80g baby kale leaves, plus extra, to serve
- White pepper
- 500g cooked egg noodles, to serve

Tahini satay sauce

- 2 teaspoons grapeseed oil
- 2 teaspoons finely grated fresh ginger
- 2 garlic cloves, finely chopped
- 1 long fresh red chilli, finely chopped
- 250ml (1 cup) coconut milk
- 2 tablespoons light soy sauce
- 1 1/2 tablespoons tahini
- 1 tablespoon lemon juice
- 2 teaspoons caster sugar

Method

1. For the sauce, heat oil in a saucepan over medium heat. Add ginger, garlic and chilli. Cook, stirring, for 1 minute or until aromatic. Add coconut milk. Bring to a simmer. Stir in soy, tahini, juice and sugar. Cook, stirring often, for 10 minutes or until thickened.
2. Meanwhile, pour enough oil to come one-quarter up the side of a wok. Heat over high heat until shimmering. Cook garlic and chilli for 30 seconds or until crisp. Use a slotted spoon to transfer to paper towel. Set aside. Cook tofu, in 2 batches, for 3 minutes or until golden. Transfer to paper towel. Drain all but 2 tsp of oil from wok
3. Return wok to high heat. Stir-fry kale for 2 minutes or until wilted. Season with pepper. Add tofu. Stir-fry to combine. Serve with noodles. Drizzle with sauce. Top with garlic chilli mixture and extra kale.

parklands with our [Active Parks](#) activities.

Alternatively, are you or someone you know over 50 and looking for something fun and social to do? Then check out the super diverse [GOLD](#) program.

The popular [Heart Foundation Walking](#) groups are operating all across Brisbane so grab your sneakers and get some fresh air. Stay tuned for the release of the September Chillout program.

HAVE YOU JOINED US...

On Facebook and Instagram

Our **Facebook** page is continuously growing! Please [click here](#) and Like our page to keep up-to-date with daily news and facts.

Also follow us on **Instagram** using [@vortcs](#)

You're important to us!

This newsletter is created 'for you - by you'

We want to hear your feedback and any ideas for future stories. Send your thoughts to info.vortcs@sudpqld.org.au.

If you know any volunteers not receiving this newsletter please let us know as they're missing out on all the info!



Save the Date!

Don't miss out



Exciting events taking place that VoRTCS will be involved in.

Sunday 30 August - Bridge to Brisbane 2015

Sunday 22 November - End of Year Volunteer Celebration 4-6pm

Please visit our website at www.vinnies.org.au & www.refugeetutoring.org
 Donate to our cause [click here](#).



St Vincent de Paul Society
 QUEENSLAND

good works